



INCENTIVE TOUR TO NEPAL – 6 DAYS

Overview:

This itinerary is a blend of two beautiful cities that are quite different to each other. From religious temples and museums in the bustling city of Kathmandu to the pristine Pokhara valley that boasts stunning views of snow-capped Himalayas and a blend of fresh air, this itinerary is a pure delight. The Himalayas offer a unique scope for meetings in the mountains or the countryside. Cultural programs and adventure activities depending on your interest can be organized to inculcate teamwork and build employee motivation whilst discovering the country and mingling with locals.

Trip facts:

Destination: Nepal

Theme: MICE

Activity: Tour

Difficulty: Easy

Max Altitude: 1,400 m/ 4,600 ft

Best Season: September – April

Highlights:

- Explore Kathmandu, its ancient cities and UNESCO World Heritage Sites.
- Enjoy boating on the Fewa Taal, visit Barahi – the island temple.
- Bird watchers can take time to watch Bulbuls, Barbets, Babbler and other bird species.



Itinerary at glance:

Day	Program	Accommodation
1	Arrive in Kathmandu	Hotel
2	In Kathmandu	Hotel
3	Fly to Pokhara	Hotel
4	In Pokhara	Hotel
5	Fly back to Kathmandu	Hotel
6	Final Departure	

Detailed Itinerary:

Day 1: Arrive in Kathmandu

Upon arrival at Tribhuvan International Airport, you will be met and assisted by our representative. You will then be transferred to the hotel.

Overnight at Hotel [-/-D]

Day 2: In Kathmandu

After breakfast we will do a full day sightseeing of Kathmandu valley. Our sightseeing includes the Kathmandu Durbar Square, Swyambhunath Stupa and Patan Durbar Square.

Kathmandu, the largest city of Nepal is the political as well as the cultural capital of the country. We visit the vegetable & spice market in Ason, and see its many courtyards and bustling bazaars. Visit the Kathmandu Durbar Square which is a UNESCO World Heritage Site.



Swayambhunath Stupa is a UNESCO World Heritage Site and is also known as a Self-Created Stupa.

Transfer to **Patan**, also known as Lalitpur - the city of artisans and a paradise of fine arts. Best known for its cultural heritage, the city retains much of its old charm with its narrow streets, brick houses and multitude of well-preserved Hindu temples, Buddhist monasteries (vihars) and monuments.

Transfer back to the hotel.

Overnight at Hotel [B/L/D]

Day 3: Fly to Pokhara

Flight Duration (Domestic Flight): 25 minutes approx.

Altitude: 827 m / 2,713 ft – 1,740 m / 5,710 ft

After breakfast you will be transferred to the airport for your flight to Pokhara which takes approx. 25 minutes.

Pokhara's bewitching beauty has been the subject of many travel writers. Its pristine air, spectacular backdrop of snowy peaks, serene lakes and surrounding greenery make it 'the jewel in the Himalaya', a place of remarkable natural beauty. Pokhara Valley is the end of the famous Annapurna Circuit and a gateway to some of the most famous long-distance treks in Nepal.

Enjoy boating at the Phewa Taal, the second largest lake in Nepal. The lake is stream fed but a dam regulates the water reserve, therefore, it is classified as semi-natural freshwater lake. Visit **Barahi Temple** – the island temple situated in a small island in the Phewa Lake surrounded by marvelous views.

Overnight at Hotel [B/L/D]



Day 4: In Pokhara

Early morning drive to **Sarangkot**, a beautiful village located on a mountainside ridge at an altitude of 1600 m with panoramic Himalayan views. Visit the **Bindabasini Temple** on the way towards hotel, one of the oldest temples in Pokhara.

Breakfast will be served at the hotel.

After breakfast, visit **World Peace Pagoda** a Buddhist stupa built by the Buddhist monks of the Japanese Nipponzan Fujii organization at a narrow ridge above the Phewa Taal. Also visit the **International Mountain Museum**.

Overnight at Hotel [B/L/D]

Day 5: Fly back to Kathmandu

Flight Duration (Domestic Flight): 25 minutes approx.

Altitude: 1,400 m / 4600 ft

Today you will be transferred to the Pokhara Airport for your flight back to Kathmandu. Later, we will visit Pashupatinath Temple, Boudhanath Stupa and Bhaktapur.

The magnificent **Pashupatinath** temple with its astonishing architectural beauty is situated on the bank of the sacred Bagmati River. Dedicated to the Hindu God of Destruction, Lord Shiva, this temple is regarded as the most sacred of all Lord Shiva temples. Listed as a UNESCO World Heritage Site, the temple comprises of a richly ornamented pagoda that houses the sacred linga or phallic symbol of Lord Shiva.

Boudhanath Stupa: One of the most imposing landmarks of Kathmandu and a center of Tibetan Buddhism, the stupa is built on a massive three level mandala style platform and is 36 meters (118 feet) in height. The ancient stupa is one of the largest in the world. It is a UNESCO World Heritage Site.



Bhaktapur or Bhadgaon translates as the 'City of Devotees'. Still untouched by rapid urbanization, Bhaktapur retains its charm by its brick paved roads, red brick houses and a way of life that goes back to medieval times.

Transfer back to your hotel.

Overnight at Hotel [B/L/D]

Day 6: Final Departure

Today you will be transferred to the airport for your onward journey. [B]

Trip Ends

Note: All information in this itinerary is accurate to the best of our knowledge but please note that changes to our trips can and do occur. This may be due to our effort to improve our program or logistical reasons such as changes in flight schedules, traffic conditions, weather conditions, or government policies. Dharma Adventures will make every effort to keep you informed of any changes but cannot be held liable for any alterations made to the published itinerary.

[B= Breakfast, L= Lunch, D= Dinner]

Trip Includes:

- Arrival/ departure transfers.
- Meet assistance at the airport and transfer to the hotel.
- 3 nights' hotel accommodation in Kathmandu in a twin sharing room on full board basis.
- 2 nights' hotel accommodation in Pokhara in a twin sharing room on full board basis.
- All the sightseeing tours with English speaking guide, entrance fees and transfers.
- All the entrance and monuments fees as indicated in the program.



Trip Extras:

- Nepal entry visa fee.
- International airfare and airport tax.
- Mountain flight & Helicopter sightseeing [Will be quoted separately].
- Airfare Kathmandu – Pokhara – Kathmandu [Will be quoted separately].
- Insurance and rescue of any form.
- Cost arising out of flight cancellation/road blockades/landslides/riots and events beyond our control.
- Expenses of personal nature such as bar bills, communication charges, laundry, tips etc. and any other expenses.
- Tipping & Gratuities to guides & drivers.